

Physical and Rank One Information

Two steps you need to complete before the last day of school.

1 - Complete the Annual Athletic Physical

1. Student's must turn in a completed Humble ISD Physical. (QR code on back)
 - a. Must be dated after Feb. 1, 2025.
 - b. Physicals must be signed by the parents/guardians to be considered valid.
 - c. The form must be filled out in its entirety with no blanks on either side.
 - d. **EKGs are NOT REQUIRED.**
 - i. If you do not want to receive an EKG, then just select NO on the front of the physical.
 - ii. If you checked "yes" on the physical that you would like to have an EKG, then you will need to have an EKG completed AND turned in a clearance note from the doctor before they are cleared by Humble ISD.
2. How to Turn In:
 - a. KHS Trainers (not directors) are able to collect physicals any time during school hours.
 - b. Summer turn in info:
 - i. Trainers will be at KHS June 9th from 8am - 12pm to collect physicals.
 - ii. Can be dropped off at the HISD Admin Building 10203 Birchridge Dr, Humble, TX 77338 during business hours on the following dates:
 1. June 11th, 18th, 25th, July 9th, 16th, 23rd

2 - Complete All Online Forms on Rank One

1. If you are new to Rank One, you will want to create a login for easy access to future forms, etc. Use this QR Code to access Rank One:



<https://humbleisd.rankonesport.com/New/NewInstructionsPage.aspx>

2. **ALL forms must be completed in order to be eligible to march.**
 - a. Helmet Form (Required by the district, though we don't wear helmets)
 - b. HISD/UII Signature Page
 - c. Student Emergency Information

***Once forms are processed, your student's name should be cleared in rank one and changed to green from red.**

Common Reasons why Students are not Cleared on Rank One:

1. Students have not turned a physical in, or have not completed all the forms in Rank One
2. The physical is missing a parent/guardian signature.
3. The physical was not cleared by the doctor. If this is the case, they will need a doctor's clearance note or new cleared physical
4. Students checked that they want an EKG on the physical. If this is the case, they will need to either:
a) fill out a new front page and turn it in or b) get an EKG done and turn in a clearance note from the doctor to the trainers.

Other Important Information:

- Appropriate school locations for students will not update in Rank One until mid/late July. Students/parents can still fill out the Rank One paperwork.
- If you have any additional questions or issues, please email Tyler Morrison at tmorris@humbleisd.net
- General Information about the Process:
<https://humbleisd.rankonesport.com/New/NewInstructionsPage.aspx>

QR Code To Humble ISD Athletic Physical 2025-2026

